



*"Where Catfish is King!"*

# SPAHR'S

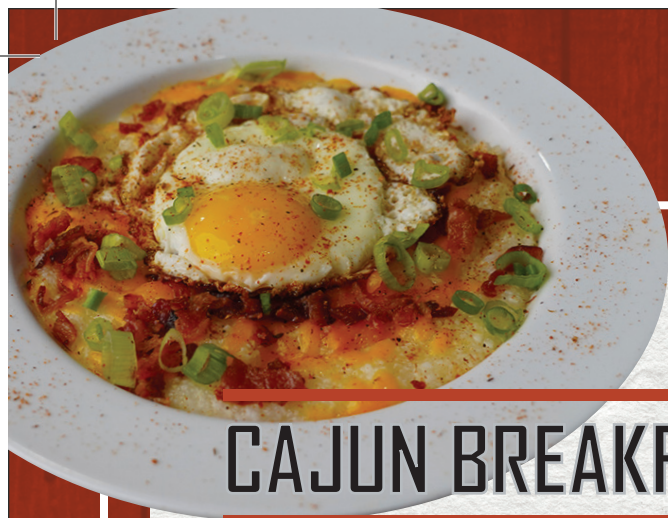
## SEAFOOD



*Serving South Louisiana since 1968*

[SPAHRSEAFOOD.COM](http://SPAHRSEAFOOD.COM)





## CAJUN BREAKFAST

### BAYOU BENEDICT

Toasted biscuit with grilled ham, 2 eggs, and topped with crawfish cream sauce. Served with breakfast potatoes. 14

### COLONEL BREAKFAST

2 eggs, choice of bacon, ham or sausage, grits, and a biscuit. 11

### CRAB CAKE BENEDICT

Toasted biscuit with signature crab cakes, 2 eggs, and topped with lemon crab cream sauce. Served with breakfast potatoes. 17

### STEAK AND EGGS

Blackened New York Strip served with 2 eggs, grits, and a biscuit. Market Price

### BISCUITS & GRAVY

Grilled biscuit topped with fresh local sausage and a peppered cream sauce. 7

### CAJUN GRITS

Cheddar cheese grits, with crumbled bacon, Cajun seasoning, green onions, and topped with a fried egg. Served with a choice of biscuit or toast. 9

### CUP OF SHRIMP AND GRITS

A cup of our grits with shrimp cream sauce. 5

### SHRIMP AND GRITS

Sautéed shrimp in our signature cream sauce over grits with bacon and a biscuit. 15

### BREAKFAST BISCUIT

Egg sandwich with onions and peppers, American cheese, and choice of ham, bacon, or sausage. 7

### BREAKFAST BURGER

6 oz. burger with egg and bacon on a toasted bun, served with grits or breakfast potatoes. 14

### BREAKFAST POTATO BOWL

Our breakfast potatoes with onions, peppers, cheese, a fried egg and a choice of bacon, sausage, or ham. 8

## Local Sugar

### BEIGNETS

Fried Pastry dough covered in powdered sugar. 5

### PANCAKE

Homemade buttermilk pancake. Don't Forget To Ask For Louisiana Cane Syrup! 3  
Make it Blueberry, French, Or Chocolate Chip +2

### PAIN PERDU

French for "lost bread". Our version features locally sourced French bread, dipped in a sugar-cinnamon custard, grilled and topped with powdered sugar and fresh strawberries. 8



## OMELETS

Served with a choice of southern style biscuit or toast (white or whole wheat).

### BOURGEOIS OMELET

Fresh local sausage, onions, peppers, and pepper jack cheese. 12

### SEAFOOD OMELET

Shrimp, crabmeat, onions, peppers, and Cheddar cheese, topped with crawfish sauce. 17

### CRAWFISH OMELET

Louisiana crawfish tails, tomatoes, Cheddar cheese and green onions. 14

### VEGGIE OMELET

Broccoli, tomatoes, onions, peppers, and mushrooms. 12

### WESTERN OMELET

Ham, tomatoes, onions, peppers, jalapenos, and Cheddar cheese. 12

### MEAT LOVER'S OMELET

Bacon, ham, sausage, onions, peppers, and pepper jack cheese. 12

## Eat Fit BAYOU

### EAT FIT SANDWICH

Whole wheat toast, egg, bacon, tomato. 9

### SHRIMP OMELET

3 egg whites, grilled shrimp, tomatoes, onions, peppers with whole wheat toast. 14

### HEALTHY CHOICE

4 egg whites, 1 slice bacon, whole wheat toast, fresh berries. 10

## SIDES

- HAM 4 | BACON 4 | SAUSAGE 4  
👑 LOCAL SAUSAGE LINK 4 | TOAST 2  
CROISSANT 2 | BISCUIT 2 | EGG 2  
GRITS 2 | SIDE OF WHITE GRAVY 4  
HASHBROWNS 5  
👑 BREAKFAST POTATOES 3

### Non-Alcoholic Drinks

MILK | ORANGE JUICE | APPLE JUICE  
TEA | COFFEE

## Drinks FROM THE BAR

WORLD FAMOUS  
BLOODY MARY

MIMOSAS | IRISH COFFEE

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

